

KINGSWAY CONNECT

FIRST ISSUE JAN-APRIL 2025



STAY INFORMED. STAY INSPIRED. STAY CONNECTED!



Welcome

to the First Issue of the HSA Newsletter!

◀ Roshane Johnson
President, Kingsway KinderPrep. HSA

Dear Kingsway Family,

It is with great excitement that we present to you the inaugural issue of the Kingsway Preparatory Home and School Association (HSA) Newsletter!

This new initiative was created to strengthen the bridge between home and school by keeping you informed, connected, and engaged with all that is happening within our school community.

Through this newsletter, we aim to:

- Share important updates, upcoming events, and highlights from past activities
- Celebrate the achievements of our students and staff
- Provide helpful resources and tips to support our families
- Foster a spirit of collaboration and community among all stakeholders.

We are thrilled to embark on this journey with you and look forward to growing together as we work to enrich the Kingsway experience! Thank you for being a vital part of our school family. Stay tuned — this is just the beginning!

Warm regards,





Welcome

to the First Issue of the HSA Newsletter!

Dear Kingsway Prep Family,

As we continue the school year, I wanted to take a moment to express my enthusiasm and gratitude for our vibrant school community. At Kingsway Prep, we are committed to providing a nurturing environment that fosters academic excellence, creativity, and character development.

Highlights from the Past Quarter

We have seen remarkable growth and achievements from our students, and I am thrilled to share some highlights with you:

- Our students have excelled in various competitions and events.
- We are now offering a robotics programme.
- Our sports programmes continue to flourish, as we were placed 1st at the recent EJC Sports Day.
- Our faculty and staff have been working tirelessly to provide engaging and challenging lessons.

Your Involvement Matters

As a valued member of our school community, I encourage you to stay involved and engaged. Your participation and support make a significant difference in the lives of our students. I would like to extend my gratitude to our dedicated teachers, staff, and PTA members for their hard work and commitment to our students' success.

If you have any questions or concerns, please do not hesitate to reach out to me or your child's teacher.

Warm regards,

Alethia Williams
Principal, Kingsway Prep



Welcome

to the First Issue of the HSA Newsletter!

◀ Delroy Turgott
Vice Principal, Kingsway KinderPrep School

Greetings Parents/Guardians!

It is with much joy that I write to congratulate the Home and School Association (HSA) and its executive body on the launch of its newsletter!

As the HSA launches this new initiative, it will become a game changer for the institution. This will help in bridging some of the gaps we have in communication and to keep the parents aware of new developments in the institution.

Our school has been making waves in many areas, which some of our stakeholders are not aware of and the newsletter can now be used as a means to provide them with the latest information.

The marketing of our institution has fallen below the radar and with this new initiative, our institution can now be featured more in the public space and bring awareness to the great achievements that are coming from behind the wall of this great and noble institution.

With this newsletter, it is my wish that our school will now be made more prominent and the stories that lie behind this great institution will finally be told.



Meet THE TEAM!



FRONT FROM LEFT: Mr. Roshane Johnson (President), Mrs. Kerry-Ann Johnson (Secretary), Ms. Shakarah McCrae (Event Planning & Welfare), Mrs. Jenneive Edgar Salmon (Public Relations), Mrs. Racquelia McIntyre (Asst. Event Planning & Welfare), Mrs. Alethia Williams (Ex-Officio), Mr. Kayson Coombs (Treasurer).

BACK FROM LEFT: Mr. Delroy Turgott (Ex-Officio), Pastor Dane Fletcher (Chaplain)
PICTURED SEPARATELY FROM LEFT: Ms. Monique Thomas (Vice President), Mrs. Tamue Hinds (Asst. Secretary, Mrs. Alecia Carter (Asst. Treasurer), Ms. Candice Williams (Asst. Public Relations)

LOVED

aspire



The Kingsway KinderPrep Home and School Association (HSA) also demonstrated their love, support and committment to the welfare of our teachers by presenting her with small token of condolence on behalf of the Association. "You make me feel like I want to cry", she said, as she accepted the token, which brought a genuine smile to her face, amid so much grief.

From left: Mrs. Kerry-Ann Johnson, HSA Secretary, Mrs. Shyrel Francis and Mr. Roshane Johnson, HSA President

And with your
thoughtfulness
still very much in mind
This is meant to bring
a thank-you
very warmest kind!

**Johnson, HSA Secretary,
Johnson, HSA President**



DEVOTION

"Celebrating a Proud Heritage: Resilient & Strong."

The Kingsway Preparatory Home and School Association led its first devotional exercise with speaker Pastor Daniel Crawford from the Andrews Memorial SDA Church on Monday, February 10, 2025 on the school grounds. Inspiring, enthusiastic and engaging would be ample words to describe the atmosphere.

Pastor Crawford truly brought a word from the Lord, as students, teachers and parents alike were lifted heavenward by his uplifting and inspiring devotional presentation under the theme, "Celebrating a Proud Heritage: Resilient and Strong." The students participated fully and the positive impact was evident to all in attendance.

He expressed joy and was thoroughly impressed with the energetic response and warmth of the students and teachers. It was truly a blessing and evidently set the tone for a great day for all who were present.



▲ Pastor Daniel Crawford prays as students from the Kingsway Prep. School bow reverently.



The first Home and School Association (HSA) Meeting for the year 2025, held on Tuesday, February 18, on the school grounds, was attended by parents, teachers and students, as well as Mrs. Williams, our Principal, and Mr. Turgott, our Vice Principal.

Parents and teachers were encouraged that the HSA is an essential part of our school community, serving as a bridge between parents, teachers and the school's administration. They were also urged that through this collaboration, an environment where our children can thrive—academically, socially, and spiritually will be created. Mr. Johnson emphasized the need for a shared purpose: to strengthen the partnership between Kingsway and parents to ensure that our school continues to be a place of excellence, support, and growth for every child.

Mrs. Williams, our principal, welcomed the attendees and highlighted upcoming events, including ARISE 2025. The matter of school fees and punctuality were also mentioned in her address. Mr. Turgott also touched on the importance of early/on time payment for fees for extra-curricular activities as it affects the progress of these activities.

Our outgoing President, Mrs. Phonia Hyatt Williams expressed gratitude to those who supported the gathering and for the co-operation and support given during her administration. She expressed confidence in the leadership of the incoming executive and wished them success and the continued support of the administration and Kingsway Family.

Our guest speakers for the afternoon were Ms. Sabrina Palomino, Regional Dietician for the South East Regional Health Authority and Mr. Kwame Gordon, experienced Financial Advisor at Law Insurance Brokers. Both speakers gave in-depth, insightful and engaging presentations.

Ms. Palomino covered topics such as Healthy Eating, Basic Nutrition, Sugary Guidelines and Planning Healthy Meals for Toddlers and Children. Our teachers and parents were fully entertained and involved while learning about "The Food Mix", appropriate snacks for children, essential nutrients and how our children's tastes will change as they mature.

During the serving of refreshments, Mr. Gordon provided valuable knowledge regarding life insurance benefits, Financial Security for Families and how parents can secure their children's financial future.

Nominations were tendered and the following persons were elected for service in the Kingsway Preparatory Home and School Association Executive 2025:

- President – Mr. Roshane Johnson
- Vice President – Ms. Monique Thomas
- Secretary – Mrs. Kerry-Ann Johnson
- Treasurer – Mr. Kayson Coombs
- Public Relations Officer – Mrs. Jenneive Salmon
- Chaplain – Pastor Dane Fletcher
- Social and Events Planning – Ms. Shakarah McCrae



Ms. Sabrina Palomino,
Regional Dietician for the South
East Regional Health Authority



Mr. Kwame Gordon,
Financial Advisor,
Insurance Agent



SPORTS DAY

Highlights

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JAMAICA DAY

2025

The Jamaican colours were out in a blaze of glory at the Kingsway KinderPrep School for their Jamaica Day on Friday, February 28, 2025. The day was celebrated under the theme, "Celebrating Jamaica: Steaming Towards the Future, Honing Good Character."

All grades came decked out in their colours to celebrate the food, heritage and culture of our island home. Grades one to six collaborated to showcase their creative talents and knowledge of our nation's culture in the areas of Science, Technology, Engineering, Art and Mathematics.

'Ole Time Sinting' and delicious Jamaican pastries were on display. Sweet Potato Pudding, breadfruit desserts, gizzardas and saltfish fritters were just a few of the mouth-watering delights of the day.





Data Protection

Data Protection refers to the practices, safeguards, and binding rules put in place to protect personal data from unauthorized access, use, disclosure, disruption, modification, or destruction.

Data Protection is crucial to maintain the privacy and security of personal information. It helps to protect individuals from identity theft, fraud, and other malicious activities. It also ensures that our organization complies with legal and regulatory requirements.

The Jamaica Data Protection Act (JDPA) is a law designed to safeguard personal data processed by organizations. It sets out the principles and obligations for data controllers and processors to ensure the protection and privacy of individuals' personal data. Under the Jamaica Data Protection Act (JDPA), the rights of an individual include:

- * Right to be Informed: Know how your personal data is being used.
- * Right of Access: Request access to your personal data held by organizations.
- * Right to Rectification: Have inaccuracies in your personal data corrected.
- * Right to Erasure: Request deletion of your personal data under certain circumstances.
- * Right to Restrict Processing: Limit how your personal data is used.

The lawful bases for processing data include:

1. Consent:

The data subject has given clear and explicit consent for their personal data to be processed for a specific purpose.

2. Contract

Processing is necessary for the performance of a contract to which the data subject is a party or to take steps at the request of the data subject prior to entering into a contract.

3. Legal Obligation

Processing is necessary for compliance with a legal obligation to which the data controller is subject.

4. Vital Interests

Processing is necessary to protect the vital interests of the data subject or another natural person. This usually applies in life-and-death situations.

5. Public Interest

Processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the organisation.

6. Legitimate Interests

Processing is necessary for the purposes of the legitimate interests pursued by the organisation or a third party, except where such interests are overridden by the interests or fundamental rights and freedoms of the data subject. These are the justifications organizations must have to legally process personal data.

If you suspect a data breach, you may contact The Office of the Information Commissioner who is responsible for enforcing the Act and addressing data protection concerns.



Good PARENTING

Good parenting plays an integral role in today's society. The ideal course of action would be to follow parenting advice that emphasises consistent and effective communication, respect for each child's unique needs and the creation of a loving and supportive atmosphere. This will lead to emotional stability and self-worth. Below are some parenting tips that will help to improve your parenting skills:

1. Be patient and allow sufficient time for your child's development and learning.
2. Establish clear and consistent rules so they know what's expected.
3. Dedicate quality time to engage in activities that your child finds enjoyable.
4. Praise good behaviour to encourage them to keep it up.
5. Serve as a positive role model by exemplifying respect, honesty, and kindness.
6. Encourage independence by allowing them to do simple tasks on their own.
7. Keep communication open so they feel comfortable talking to you.
8. Instruct them on the importance of responsibility and the associated consequences.
9. Show love and support regularly, even when they make mistakes.
10. Foster a nurturing and supportive home environment.

STEAM



SCIENCE



TECHNOLOGY



ENGINEERING



ART



MATHEMATICS

CLUB

Give your child the opportunity to build critical thinking and problem-solving skills early, all while having fun!

Activities Include:

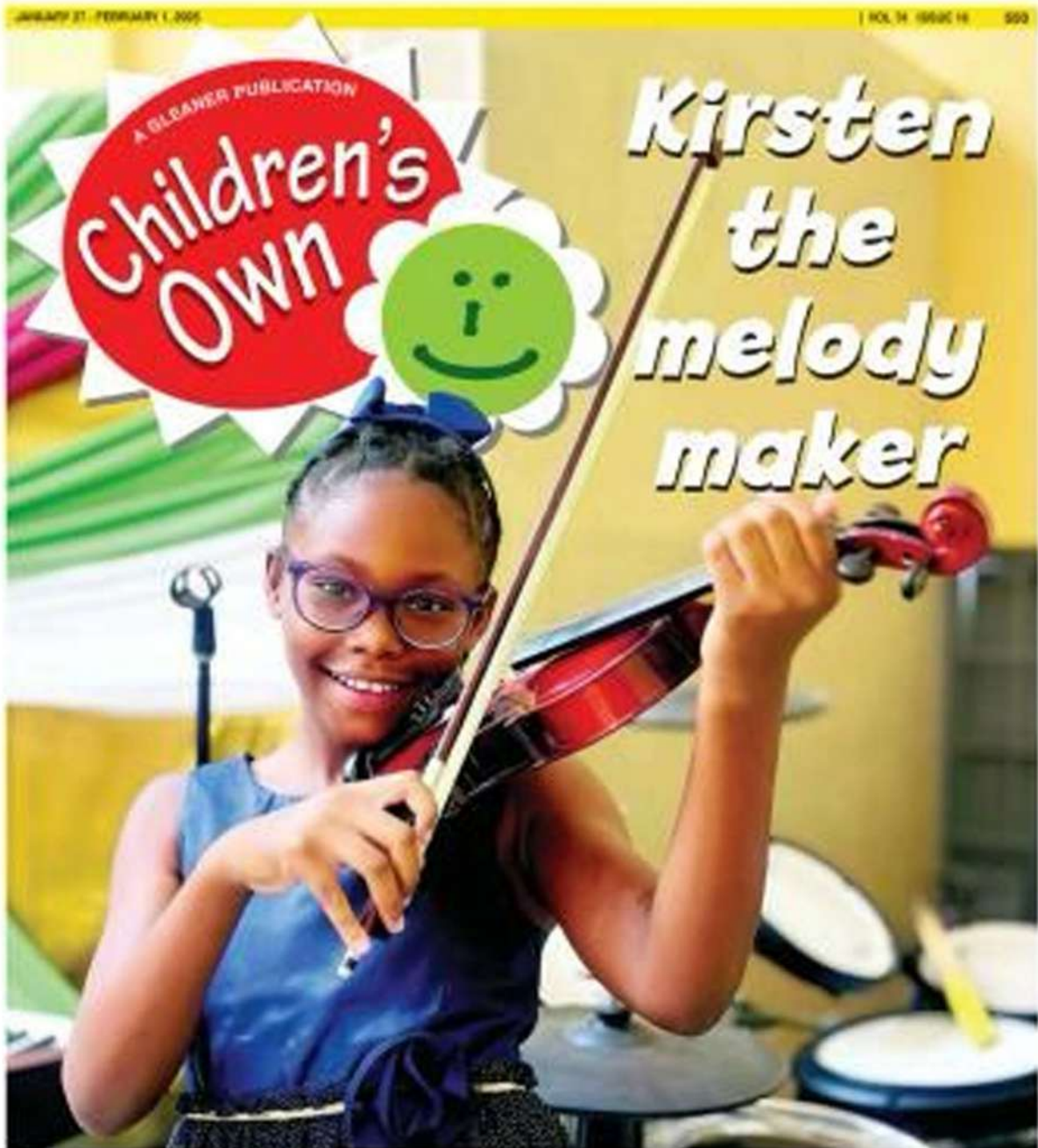
- * **Coding:** Learn to create games, apps, and more
- * **Robotics & Engineering:** Build and program robots that move, light up, and follow commands.
- * **Fun Science Experiments:** Dive into hands-on experiments!

For more info, contact:
(876)968-5225/968-9179
kingswayhigh@cwjamaica.com
or your Class Representative

ONLY
\$7000
PER TERM

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#girlpower

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KIRSTEN'S world of music

FROM THE moment her tiny fingers danced over the keys of her father's piano to play *Mary had a little lamb*, she was hooked. Now 9 years old, Kirsten Hinds of Kingsway Preparatory is mastering both the piano and violin, transforming her love for singing into a journey filled with hard work, passion, and creativity.

It all started at home, in a family where music filled the air.

With encouragement from her parents, Kirsten began formal piano lessons

in 2021 at KaDon Music Academy. She quickly discovered a love for making music and understanding the meaning behind every note and symbol. But she didn't stop there. Curious to explore new sounds, Kirsten picked up the violin in 2022, eager to challenge herself with an instrument she had never tried before.

THE PERFECT BALANCE

Her journey hasn't been without its hurdles. Switching between strings and mastering correct notes on the violin required intense focus, but Kirsten refused to give up. "I keep practising so I can perfect it," she said. And practice she does – balancing school, gymnastics, dance, and music with a schedule as disciplined as her determination.

Kirsten lights up when she talks about her favourite pieces, like *Believe for it* by Cece Winans on piano or *You are my all in all* on violin. Her biggest joy comes from learning something new and seeing her hard work pay off. Whether performing at church or recitals, she beams with pride as her family and friends cheer her on.

Her parents couldn't be prouder. "Music has taught her discipline and perseverance. It's helped her learn not to give up when things get hard," Tamae, her mom shared. And that's exactly how Kirsten approaches life – with resilience and enthusiasm, always ready to try something new.

Kirsten dreams of one day playing her music at events and functions, sharing the magic she feels when she creates. For now, she's soaking up every moment, whether it's performing for loved ones or simply escaping into the melodies she loves.

CONTRIBUTED

A woman with dark hair pulled back, wearing sunglasses, a blue short-sleeved dress with white polka dots on the sleeves, a gold brooch, a green quilted handbag, and high-heeled sandals. She is posing on a sidewalk with trees in the background.

TEACHER

Feature

MS. RAVIKA GREEN

1. What inspired you to become a teacher?

Honestly, it's a combination of family influence and personal inspiration. Growing up, I saw my aunts (my father's sisters) pursue teaching careers, which sparked my interest. Additionally, I've had the privilege of knowing a friend who's an exceptional teacher. Their passion, patience, and dedication to their students have truly inspired me to follow in their footsteps.

2. How did you choose to work at a prep school?

Actually, it wasn't a deliberate choice. When my younger sister started attending summer classes for Grade 7 here, I began helping out and eventually became involved with the school. It just kind of evolved from there.

3. Was there a teacher in your own life who influenced your path?

Yes, there was a teacher who significantly influenced my path - Ms. Omeally. Although she initially redirected me from a cooking course, saying it wasn't for me, our relationship blossomed from there. She recognized my passion for working with children and encouraged me to volunteer at the school. Her guidance and support sparked my journey into education, and I'm grateful for

4. What subjects or grade levels do you enjoy teaching the most, and why?

I don't have a specific subject area preference, but I thoroughly enjoy teaching Grade 1. There's something special about this age group that resonates with me. I love forming genuine connections with them, creating a safe space where they feel comfortable expressing themselves freely. It's a privilege to nurture their curiosity and watch them grow.

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5. What's a typical day like for you at school?

Every day is different! Some days can be chaotic, while others are filled with pure joy and engagement. On the chaotic days, I'm just counting down the minutes until the bell rings. But when the kids are engaged and having fun, it's all worth it!

6. How would you describe your teaching style?

My teaching style is more demonstrative. I believe in showing rather than just telling. By demonstrating concepts and techniques, students can visualize and grasp the material more effectively. This approach caters to different learning styles and levels, helping them understand and retain the information better.

7. What's your favorite part of the school day?

While every moment is special, one thing that always stands out is when I arrive at school and my students greet me with enthusiasm. They rush to give me hugs, take my things, and shower me with affection, telling me how much they've missed me. It's a heartwarming start to the day that makes everything else fall into place.

8. How do you keep your students engaged and motivated?

I use a variety of strategies to keep my students engaged and motivated. These include incorporating games, songs, and interactive activities like table tap beats. However, I find that motivational encouragement is key – offering genuine praise and support helps build their confidence and enthusiasm for learning.

9. What's the most rewarding part of your job?

The most rewarding part of my job is seeing the positive impact I have on my students' lives. When a parent shares heartfelt gratitude, especially when they've witnessed significant growth or progress in their child, it's truly fulfilling. Moments like these make all the hard work worth it.

10. Are there any moments or student breakthroughs that stand out in your memory?

There have been many memorable moments, but one that stands out was when a parent shared with me how much influence I have on her child. She asked me to remind her child to stay off the playfield because she trusted that the child would listen to me. Moments like these show the strong bond and trust built between teacher, student, and parent.





11. What do you think makes your school unique?

I believe what makes our school unique is the Christ-like environment we foster and the strong bonds we build with our students. This foundation of love, care, and mutual respect creates a truly special place for learning and growth.

12. How do you help create a supportive learning environment?

I strive to create a supportive learning environment by giving my all to every student and situation, even when faced with challenges. By showing up fully and being dedicated to each child's success, I aim to build trust and foster a space where students feel valued and encouraged to grow.

13. What do you hope your students take away from your class?

I hope my students leave with a strong sense of self-worth, knowing they're special and valued in every way. I want them to carry the values and lessons we share into their lives, empowering them to grow and thrive.

14. Where do you see education heading in the next few years?

I see education becoming more personalized and tech-driven, with a focus on developing skills for the future.

The background of the top half of the image features a young man in a tan school uniform holding a clear plastic bottle of Kingsway water. To his right is a large, stylized graphic of a water splash with the word 'KINGSWAY' in bold blue capital letters, 'making a' in lowercase black letters, and 'splash' in a large, flowing blue script font. A large bottle of Kingsway water is also visible on the right side of the splash graphic.

KINGSWAY

making a

splash



Pure Water from Spike Industries in collaboration with Kingsway has launched the new Kingsway High School Branded Water! Each student got their first free bottle during a devotional exercise on April 7, 2025.

Operations Manager of Spike Industries, Mr. David Frazer, a past student of the institution, was proud to make the presentation with principal, Mrs. Alethia Williams and Acting Bursar, Mrs. Monique Atkins Cornwall.

This venture will see the institution providing a more cost effective option for students to purchase the 500ml bottle for only \$50.00. Drums will also be placed at strategic points on campus to collect and recycle the empty bottles. The proceeds will go back to the school.

Wednesdays will continue to be Water Day, as only water should be consumed on this day. Additionally, there will be "Grab 'n' Go Water Sales Day" where parents can purchase a case of water on entering the school grounds.



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WEEK OF Prayer 2025



It was a indeed a week of soul stirring and truly inspirational messages from Pastor Dane Fletcher, Youth, Chaplaincy and Public Campus Ministries Director, Jamaica Union Conference of Seventh-day Adventists and Kingsway Prep. Home & School Association (HSA) Chaplain, the speaker for the recently held Kingsway Preparatory Week of Prayer, from March 10-14, 2025, under the theme, "Preserving the Legacy of Christian Character for Now and Eternity."

The event, usually held at this time of the school year, saw students in full attendance and participatory mode each morning and being given a positive word to start their day. Teachers, members of the administration and members of the HSA were also in attendance, giving their full support. Pastor Fletcher expressed joy at the yearly initiative and spoke to how great its impact is and the positive changes it continues to make in the lives of all students, especially those experiencing grief and other challenges.



MENTAL Wellness TIPS for CHILDREN

PRACTICE MINDFULNESS

Engage in mindfulness techniques like deep breathing to help manage stress and anxiety.

CONNECT WITH OTHERS

Build a strong support network by connecting with friends, family or peer support group. Sharing your experiences and feelings can be incredibly helpful.

PRIORITIZE SLEEP

Ensure you are getting enough sleep. It is crucial for both physical and mental well-being. Establish a consistent sleep schedule and create a relaxing bedtime routine.

ENGAGE IN PHYSICAL ACTIVITY

Regular exercise can boost your mood and reduce stress. Find activities you enjoy, whether it's playing sports, dancing, or going for a walk.

SEEK HELP WHEN NEEDED

Do not hesitate to reach out for support if you are struggling. Talk to a trusted friend, family member, teacher, or counselor.



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mind
joy
emotions
relaxation
family
well-being
body
energy
soul
friend
relationship
attitude
habits
holistic
self control
mental health

MENTAL Wellness

TIPS for PARENTS



PRIORITIZE SELF-CARE

Just as you care for your children, it is crucial to prioritize your own well-being. Engage in activities that bring you joy and help you relax, like exercise, spending time in nature, and connecting with friends.

CREATE A SUPPORTIVE ENVIRONMENT

Foster open communication by actively listening to your child's concerns and validating their feelings. Let them know it is okay to ask for help and that you are a safe person to talk to.

ESTABLISH ROUTINES

Consistency can provide a sense of stability and predictability, especially during challenging times. Help your children develop healthy routines for sleep, meals, and homework.

LIMIT SCREEN TIME

Encourage screen-free time for both you and your children to allow for real-world interactions and outdoor activities. Spending time outdoors or pursuing hobbies can be beneficial.

MODEL HEALTHY BEHAVIOURS

Show your children how to manage stress, practice self-care, and seek help when needed. Your actions are powerful role models.



Keep di Link



APR

28

Classes resume for the Summer Term

MAY

Apr 30 - May 1

Primary Exit Profile (PEP) Curriculum Based Tests
Mathematics & Language Arts

1

Kinder Division Sports Day

5

Form 3 (Grade 9) Subject Selection Process Begins

6

Career Day (Prep School)

7

Teachers Day

10

Education Day

21-23

Labour Day and Mid-Term Break

26

Classes Resume for all students

28 & 29

Grade 3 Diagnostic Test

JUN

2

Jamaica Student Readiness Assessment (Age 4 Assessment)

3

Grade 5 PEP: Performance Task - Language Arts and Science

4

Grade 5 PEP: Performance Task-Mathematics and Social
Studies

16 - 26

End of Year Examinations

18

Grade 4 PEP: Performance Task - Literacy & Language

19

Grade 4 PEP: Performance Task - Numeracy & Mathematics

26

Return of Rental Books for High School Students (Last Day of
School for all students)

27

End of Year Fun Day/Trip

27 - 30

Entrance Examinations & Interviews for New Students

28

All Schools' Consecration Service

29

Graduation Ceremonies - Prep School at 10:00 a.m.

High School at 3:30 p.m.

30

Transferee (Kinder 3) Ceremony

JUL

1 - 3

Staff Excursion

7 - 24

Summer School

7 - 24

Entrance Examinations and Interviews for New Students

23

Distribution of End of Year Reports

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AUG

SEP

25 Sept. 22 Grade One Individual Learning Profile (GOILP)
26 - 28 Staff Professional Development Seminar/Workshops
9:00 a.m. – 2:00 p.m.
27 Registration/Voucher Day for New Students
9:00 a.m. – 3:00 p.m.
28 Registration/Voucher Day for Returning Students
9:00 a.m. – 3:00 p.m.

1 Orientation for New Students (Prep School)
8:30 a.m. – 11:30 a.m.
2 Orientation/Book Rental Day for New Students (High School)
8:30 a.m. – 11:45 a.m.
3 Orientation for Returning Students (Prep School)
8:30 a.m. – 10:30 a.m.
4 Orientation/Book Rental Day for Returning Students
(High School) 8:30 a.m. – 11:45 a.m.
8 School Begins for All Students – Pre-K to Grade 1



KINGSWAY HIGH SCHOOL • GOSPEL PROCLAIMERS

ARISE 2025

Celebration

KINGSTON • JAMAICA

REUNION

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